

**THE PATHS CURRICULUM**  
Promoting Alternative Thinking Strategies

**PRESCHOOL BOOKLIST**

**UNIT 1 – Introduction & Group Attachment**

- Lesson 1:  
*Rules*
- David Goes to School by David Shannon
- Franklin Goes to School (Franklin Series) by Paulette Bourgeois, Brenda Clark (ill)
- No David by David Shannon
- Perfect Pigs: An Introduction to Manners by Marc Brown, Stephen Krensky
- Hurray for Pre-K by Ellen B. Senisi
- Mouses First Day of School by Lauren Thompson
- Lesson 2:  
*Animals*
- The Foolish Tortoise by Richard Buckley, Eric Carle (ill)
- Franklin Series by Paulette Bourgeois
- Have You Seen My Cat? By Eric Carle
- From Head to Toe by Eric Carle
- Brown Bear, Brown Bear What Do You See? by Bill Martin, Jr., Eric Carle (ill)
- All About Turtles by Jim Arnosky (ill)
- I Went Walking by Sue Williams
- Lesson 3:  
*PATHS Kid of the Day*
- Franklin Helps Out (Franklin Series) by Paulette Bourgeois, et al.
- Just for You by Mercer Mayer, De Rocher
- Good Job, Little Bear by Martin Waddell, Barbara Firth (ill)
- You are Special by Max Lucado, Sergio Martinez (ill)
- Lesson 4:  
*Compliments*
- ABC I Like Me! by Nancy Carlson
- I Like Me! by Nancy Carlson
- Elmer by David McKee
- I'm Terrific by Marjorie Weinman Sharmat, Kay Choroa (ill)

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It's Okay to Be Different by Todd Parr (ill)

The Okay Book by Todd Par (ill)

All By Myself by Alik

Mixed-Up Chameleon by Eric Carle

Just Right by Miriam Monnier

A Slendid Friend, Indeed by Suzanne Bloom

**UNIT 2 – Basic Feelings I**

Lesson 5:  
*We All Have Feelings*

Whoever You Are by Mem Fox

Everybody Has Feelings: Todos Tenemos Sentimientos: The Moods of Children by Charles Avery (photographer)

My Nose, Your Nose by Melanie Walsh

Lesson 6:  
*Happy*

The Happy Hedgehog by Marcus Pfister (ill)

I Like Me by Nancy Carlson (Lesson 4 also)

Miss Tizzy by Libba Gray, Jada Rowland (ill)

Franklin's Birthday Party by Paulette Bourgois

Silly (How I Feel Series, No. 4) by Marcia Leonard

Happy (How I Feel Series, No. 2) by Marcia Leonard

My Best Friend by Pat Hutchins

My Bunny and Me by Lindsay Barrett George

Leaves by David Ezra Stein

Lesson 7:  
*Twiggle Makes Friends*

See Unit 5: *Sharing, Caring & Friendship*

Lesson 8:  
*Sad*

The Last Puppy by Frank Asch

I'll Always Love You by Hans Wilhelm

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Why So Sad, Brown Rabbit? By Sheridan Cain, Jo Kelly (ill)

Let's Talk About Feeling Sad by Joy Berry

No Matter What by Debi Gliori

Let's Talk About When Your Pet Dies by Marianne Johnston

It's Not Your Fault, Koko Bear: A Read-Together Book for Parents & Young Children During Divorce by Vicki Lansky, Jane Prince (ill)

Mom and Dad Don't Live Together Anymore by Kathy Stinson, Nancy L. Reynolds (ill)

The Tenth Good Thing About Barney by Judith Viorst, Erik Blegvad (ill)

I Am Not A Cry Baby! by Norma Simon

Tough Boris by Mem Fox, Kathryn Brown (ill)

Humphrey's Bear by Jan Wahl

Lesson 9:  
*Compliments from Friends*

See Lesson 4: *Compliments*

**UNIT 3- Basic Feelings II**

Lesson 10:  
*Mad or Angry I*

The Chocolate-Covered-Cookie Tantrum by Deborah Blumenthal, Harvey Stevenson (ill)

Paper Bag Princess by Robert Munsch, Michael Martchenko (ill)

Feeling Angry (Let's Talk About) by Joy Berry, Maggie Smith (ill)

Franklin's Bad Day (Franklin Series) by Paulette Bourgeois, Brenda Clark (ill)

Angry (How I Feel Series, No. 1) by Marcia Leonard, Chris Sharp (ill)

I Was So Mad by Ron Miller, Mercer Mayer (ill)

When I'm Angry (The Language of Parenting, 2) by Jane Aaron, Barbara Gardiner

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When You're Mad: And You Know It (Feelings For Little Children Ser.) by Elizabeth Crary, et al.

Rainbow Fish and the Big Blue Whale by Marcus Pfister

Noisy Nora by Rosemary Wells

I Can't Talk Yet, But When I Do by Julie Markes

Lesson 11:  
*Scared*

Franklin in the Dark (Franklin Series) by Paulette Bourgeois, Brenda Clark (ill)

Franklin Goes to School (Franklin Series) by Paulette Bourgeois, Brenda Clark (ill) (See Lesson 1 also)

Franklin is Lost (Franklin Series) by Paulette Bourgeois, Brenda Clark (ill)

The Very Noisy Night by Diana Hendry, Jane Chapman (ill)

The Berenstain Bears and the Bad Dream by Stan & Jan Berenstain

Thunder Cake by Patricia Polacco

How I Feel Scared (How I Feel Series, No. 3) by Marcia Leonard, et al.

There's a Nightmare in My Closet by Mercer Mayer

There's Something in my Attic by Mercer Mayer

There's a Monster Under My Bed by James Howe, David Rose (ill).

My Bear Friend by Jez Alborough(ill)

It's the Bear! by Jez Alborough

When Addie Was Scared by Linda Bailey, Wendy Bailey (ill)

The Picnic by Ruth Brown

Lesson 12:  
*My Feelings*

Glad Monster, Sad Monster by Anne Miranda

How Are You Peeling? By Saxton Freyman, Joost Elffers

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**PRESCHOOL BOOKLIST**

Feelings by Alik

The Feeling Book by Todd Parr

Today I Feel Silly: And Other Moods That Make My Day by  
Jamie Lee Curtis

Big Al by Andrew Clements

Lesson 13: See Lesson 10: *Mad or Angry I*  
*Mad or Angry II*

**UNIT 4 - Self-Control, Anger Management and Signaling Distress: Doing Turtle**

Lesson 14: How Twiggie Learned to “Do Turtle”  
*Turtle Story Part 1*

Lesson 15: See Lesson 14: *Turtle Story Part 1*  
*Turtle Story Part 2*

Lesson 16: Who Is The Beast? by Keith Baker  
*Turtle Technique Review*

Where The Wild Things Are by Maurice Sendak

Loudmouth George and the Big Race by Nancy Carlson

How To Lose All Your Friends by Nancy Carlson

Lesson 17: None  
*Appropriate Turtle I*

Lesson 18: When Sophie Gets Angry by Molly Bang  
*Appropriate Turtle II*

I’m Sorry by Sam McBratney

Lesson 19: How Leo Learned to Be King by Marcus Pfister  
*Calm or Relaxed*

A Night In The Country by Cynthia Rylant

Franklin is Bossy (Franklin Series) by Paulette Bourgeois, Brenda  
Clark (ill)

Dinosaur’s Divorce by Larn Krasny Brown & Marc Brown

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A Baby Sister for Frances by Russel Hoban, Lillian Hoban (ill)

Harry and the Terrible Whatzit by Dick Gackenbach

**UNIT 5- Sharing, Caring, & Friendship**

Lesson 20:  
Sharing and Caring I

The Best Friends Book by Todd Parr

Just My Friends and Me by Mercer Mayer

Don't Need Friends by Carolyn Crimi, Lynn Munsinger (ill)

My Friends by Taro Gomi

We Are Best Friends by Alike

Who Will Be My Friend by Syd Hoff

Flower Garden by Eve Bunting, Kathryn Hewitt (ill)

Two Homes by Claire Masurel

Little Gorilla by Ruth Bornstein

Lesson 21:  
*Sharing and Caring II*

See Lesson 20: *Sharing and Caring I*

Lesson 22:  
*Twiggle's Special Day*

Happy Birthday, Jesse Bear! by Nancy White Carlstrom

Snail's birthday Wish by Fiona Rempt

Lesson 23:  
*Advanced Compliments*

See Lesson 9: *Compliments from Friends*

Lesson 24:  
*Feeling Review*

Stellaluna by Janell Cannon

The Way I Feel by Janan Cain (ill)

**UNIT 6- Basic Problem Solving**

Lesson 25:  
*Making Choices*

Shortcut by Donald Crews

Lesson 26:  
*Solving Problems*

Four Pups and a Worm by Eric Seltzer

The Rainbow Fish by Marcus Pfister

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**PRESCHOOL BOOKLIST**

I Did It, I'm Sorry by Lauren Buehner

In the Rain with Baby Duck by Amy Hest, Jill Barton (ill)

Willy's Noisy Sister by Elizabeth Crary, et. al.

Changes, Changes by Pat Hutchins

Lesson 27:  
*Solving Problems*  
*Friends*

Who Took the Cookies From the Cookie Jar? By  
Lass Sturges and Bonni Philemon

Paper Bag Princess by Robert Munsch, Michael Martchenko (ill)

The Berenstain Bears and The Trouble with Friends by Stan and  
Jan Berenstain

Franklin Is Bossy (Franklin Series) by Paulette Bourgeois, Brenda  
Clark (ill) (Lesson 19 also)

The Doorbell Rang by Pat Hutchins

We Share Everything by Robert Munsch

We Can Work It Out: Conflict Resolution for Children by Barbara  
K. Polland

I Want It by Elizabeth Crary

I Can't Wait by Elizabeth Crary

I Want to Play by Elizabeth Crary

My Name is Not Dummy by Elizabeth Crary

Swimmy by Leo Lionni

Fox Makes Friends by Adam Relf

Best Friends by Charlotte Labaronne

**UNIT 7- Intermediate Feelings**

Lesson 28:  
*Comfortable vs.*  
*Uncomfortable*  
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The Three Bears by Jan Brett

Kiper by Mick Inkpen

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**PRESCHOOL BOOKLIST**

Things That Make You Feel Good Things That Make You Feel Bad by Todd Parr

Franklin's Bad Day (Franklin Series) by Paulette Bourgeois, Brenda Clark (ill) (Lesson 10 also)

The Kissing Hand by Audrey Penn

Asleep, Asleep by Mirra Ginsburg

Can't You Sleep Little Bear by Martin Waddell

Otis by Janie Bynum

Lesson 29:  
*Different Types  
of Feelings*

A is for Angry by Sandra Boynton

Hug by Jez Alborough

On Monday When It Rained by Cherryl Kachenmeister, Tom Berthiaume (ill)

Oliver Button is a Sissy by Tamie de Paola

The Little Mouse, The Red Ripe strawberry, and The Big Hungry Bear by Don and Audry Wood

The Stray Dog by Marc Simont

Not Fair, Won't Share by Lindsey Gardiner

Lesson 30:  
*Frustrated*

Red Lace, Yellow Lace: Learn to Tie Your Shoe! by Mike Casey,

Thomas' Snowsuit by Robert Munsch

I'm Frustrated (Dealing With Feelings) by Elizabeth Crary, Jean Whitney (ill)

Little Nino's Pizzeria by Karen Barbour

Lesson 31:  
*Proud*

Biggest Best Snowman by Margery Coyer

I'm a Big Sister by Joanna Cole

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**PRESCHOOL BOOKLIST**

When I Was Little a Four Year Old's Memoir of Her Youth by  
Jamie Lee Curtis

I'm Proud (Dealing With Feelings) by Elizabeth Crary

Annabelle Swift, Kindergartner by Amy Schwartz

Peter's Chair by Ezra Jack Keats

The New Baby by Mercer Mayer

Lesson 32:  
*Excited*

Clap Your Hands by Lorinda Bryan Cauley

Song and Dance Man by Karen Ackerman

Norma Jean Jumping Bean by Joanna Cole

Five Minutes Peace by Jill Murphy

Arthur's New Baby Book: A Lift-The-Flap Guide to Being a  
Great Big Brother or Sister by Marc Brown

The New Baby at Your House by Joanna Cole

I'm Excited (Dealing With Feelings) by Elizabeth Crary

Preschool To The Rescue by Judy Sierra

Lesson 33:  
*Tired*

Good Night Moon by Margret Wise Brown

Bedtime for Frances by Russell Hoban, Garth Williams (ill)

Time for Bed by Mem Fox

Night Worker by Kate Bank

**UNIT 8- Advanced Feelings**

Lesson 34:  
*Love*

Mama, Do You Love Me? Barbara Joesse

The Runaway Bunny Margaret Wise Brown

Maisy Loves You Lucy Cousins

The Giving Tree Shel Silverstein

Who Wants a Cheap Rhinoceros? Shel Silverstein

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**PRESCHOOL BOOKLIST**

Olivia by Ian Falconer

Lesson 35:  
*Worried*

Curious George Goes to the Hospital by Margaret & H.A. Rey

Ira Sleeps Over by Bernard Waber

Wemberly Worried by Kevin Henkes

100<sup>th</sup> Day Worries by Margery Cuyler

Lesson 36:  
*Disappointed*

Hi, Harry! The Moving Story of How One Slow Tortoise Slowly Made a Friend by Martin Waddell, Barbara Firth (ill)

I Love You All Day Long by Frances Rusackas

Chrysanthemum by Kevin Henkes

Amazing Grace by Mary Hoffman

Miss Spider's Tea Party by David Kirk

The Polar Express by Chris Van Allsburg

The Carrot Seed by Ruth Krauss

Lesson 37:  
*Jealous*

Sheila Rae's Peppermint Stick by Kevin Henkes

The Rainbow Fish by Marcus Pfister

Julius, the Baby of the World by Kevin Henkes

Madeline by Ludwig Bemelmans

Lesson 38:  
*Furious*

Alexander Who's Not Going to Move by Judith Viorst

Angelina's Baby Sister by Katherine Holabird

Muncha! Muncha! Muncha! by Candace Fleming

Lesson 39:  
*Guilty*

Lilly's Purple Plastic Purse by Kevin Henkes

**UNIT 9- PATHS Wrap Up**

Lesson 40:  
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**PRESCHOOL BOOKLIST**

*Preschool PATHS Review*

Lesson 41:  
*Saying Goodbye*

Lesson 42:  
*Ending and Transitioning*

Lesson 43:  
*PATHS Graduation Party*